



## Instant Mind Power: How to Train and Sharpen Your Mental Abilities Instantly!

By The Instant-Series

Createspace, United States, 2015. Paperback. Book Condition: New. 203 x 127 mm. Language: English . Brand New Book \*\*\*\*\* Print on Demand \*\*\*\*\*. The Instant-Series Presents Instant Mind Power How to Train and Sharpen Your Mental Abilities Instantly! System Updating In Progress. Your mind is a superhuman computer. It houses all your cognitive abilities: concentration, memory, awareness, reasoning, perception, etc. It's the command center that controls your entire being. It's your very existence. Your mind is - who you are. MIND = YOU. Wouldn't you like to enhance this power of your mind to. - Perform tasks and get things done faster - Memorize and recall things better - Learn anything easily without a sweat - Unleash your natural creative ability - Achieve the kind of success you want. The capacity of limitless human potential and what your own mind can do for you are unfathomable. Scientists have proven that the more you use certain areas of your brain - like for learning - increases neural pathways comprised of neuron brain cells to build stronger and newer connections that are the makeup for our intelligence, making it easier to assimilate and process information faster like a supercomputer. Thus,...

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