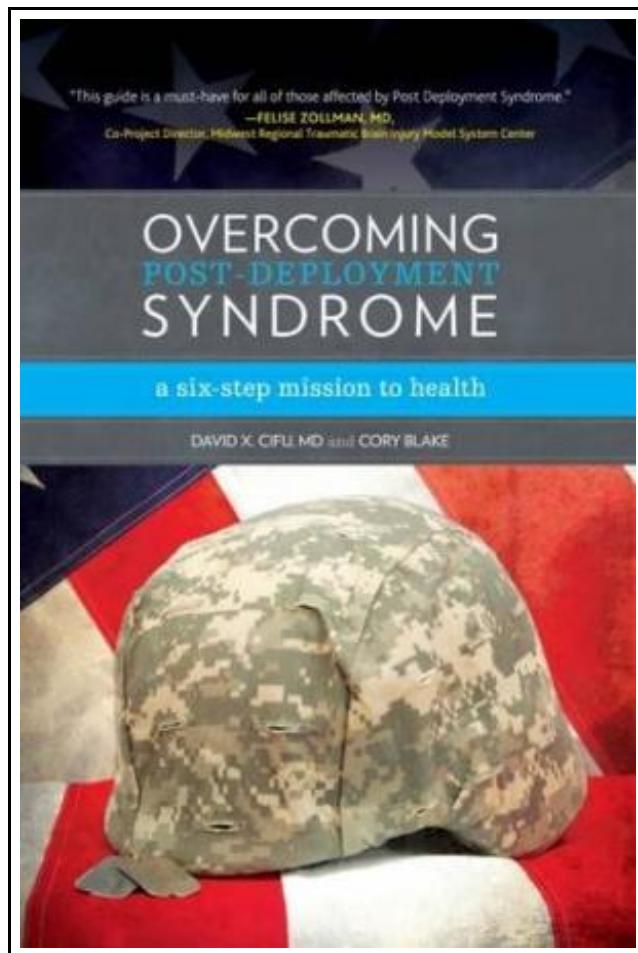


## Overcoming Post-deployment Syndrome: A Six-step Mission to Health



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## OVERCOMING POST-DEPLOYMENT SYNDROME: A SIX-STEP MISSION TO HEALTH

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Demos Medical Publishing, United States, 2011. Paperback. Book Condition: New. 226 x 150 mm. Language: English . Brand New Book. David Cifu and Cory Blake work at the Hunter Holmes McGuire Polytrauma Rehabilitation Center, one of only four comprehensive inpatient, residential and outpatient centres of excellence for polytrauma in the country providing intensive rehabilitation care to veterans and service members who experienced injuries to multiple organ systems. This type of injury that results in physical, cognitive, psychological and functioning deficits has been termed as Post-Deployment Syndrome. The high numbers of Soldiers with these types of multiple injuries has been a hallmark of the Iraq and Afghanistan wars. Overcoming Post Deployment Syndrome is a comprehensive guide for servicemembers, Veterans and their families dealing with the all-too-common repercussions of combat duty, including Traumatic Brain Injury, Post-Traumatic Stress Disorder, anxiety, depression, chronic pain and Musculoskeletal Injury and substance abuse. It offers a practical blend of state-of-the-art traditional and holistic medicine, and teaches the value of mindfulness, movement, psychotherapeutic and creative arts practices, as well as active engagement and partnership with Clinicians in one's own health care. The men and women of the Armed Services have trained in the art of war. This book offers training in the art of healing. Those that learn, understand and apply the principles within will discover that warriors can excel at both the art of war and the art of healing. Overcoming Post-Deployment Syndrome provides:  
\* Personal vignettes of servicemembers who are going through the process of successfully reintegrating into their families, workplaces and communities  
\* A twelve-week basic training in self-directed healing arts  
\* A wealth of community and government resources, tips and suggestions  
\* The means to integrate traditional and complementary medicine techniques to treat common symptoms  
David Cifu and Cory Blake have been at the forefront of treating Veterans...

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