



[DOWNLOAD PDF](#)

## Pain in the Thumb! Is it RSI, Repetitive Strain Injury? Is Your PC, Laptop, Mobile Phone or Game Console Giving You Pain? It Could be RSI!

By Lucy Rudford

IMB Publishing, United Kingdom, 2012. Paperback. Book Condition: New. 230 x 152 mm. Language: English . Brand New Book \*\*\*\*\* Print on Demand \*\*\*\*\*.The author, a 19 year old female student, suffered from pain in her thumb and simply couldn't believe when the doctor told her she could have RSI, Repetitive Strain Injury, from texting. She had a Texting Thumb. Little did she know that you could get RSI at the age of 19. After speaking to her friends about this, she realised that almost all her friends have pain in their thumb when texting after a few hours. Most youngsters deny it and just keep on texting.not the author, she takes it all seriously and doesn't want to be in pain for the rest of her life. She decided to investigate the subject and talk to specialists in the field to be able to write a book about it and warn all people who are using our so much electronic devices a lot. Guaranteed to answer all your questions, this book is a must have for anybody who uses a PC, laptop, tablet, game console or mobile phone on a regular basis. Don't we all? Therefore...



[READ ONLINE](#)

[ 5.87 MB ]

### Reviews

*A top quality publication along with the font used was intriguing to read. I really could comprehend everything using this written e ebook. Its been designed in an remarkably straightforward way and it is only after i finished reading through this publication by which basically altered me, modify the way i believe.*

-- Cathrine Larkin Sr.

*Very useful to all of group of people. I actually have read through and so i am certain that i will planning to study yet again once again down the road. I am just very easily can get a satisfaction of looking at a created book.*

-- Mark Bernier